

Defensive Driving Guide for Commercial Drivers

1. Stay Alert - The Road Never Takes a Nap!

Fatigue is a silent killer. If you feel drowsy, stop and rest. Micro-sleeps can turn deadly. A well-rested driver is a safe driver.

2. Keep Your Distance - Space is Your Best Friend

Maintain at least a 6-8 second following distance, and double it in bad weather. Your truck can't stop on a dime, so give yourself room to react.

3. Mirror & Blind Spot Checks - The Real-Life Horror Movie

Check mirrors every 5-8 seconds. If a vehicle disappears from sight, assume it's in your blind spot.

4. Smooth Moves - Drive Like a Pro, Not a Maniac

Avoid sudden lane changes and harsh braking. Smooth driving prevents accidents and saves fuel.

5. Weather Watch - Mother Nature Has No Chill

Reduce speed in rain, fog, or snow. Wet roads reduce traction, and black ice is nearly invisible.

6. Expect the Unexpected - The Road is Full of Surprises

Assume other drivers will make mistakes. Stay alert and be ready to react.

7. Brake Smart - Stomp, Slam, and Skid = Bad News

Use controlled, gradual braking. Sudden stops can cause jackknifing or loss of control.

8. Stay Off the Retarder on Slippery Roads

Retarders can cause skidding in icy or wet conditions. Use service brakes instead.

9. Load Smart - Your Cargo is Your Responsibility

An unbalanced load can cause rollovers. Secure cargo properly before driving.

10. Plan Your Escape - Always Have an Out

Never box yourself in. Always leave space to maneuver in case of sudden stops.

11. Use Your Horn Wisely

A well-timed honk can prevent accidents. Don't overuse it, but don't be afraid to warn others.

Goodo Organisation - 'Share the Road, Share the Responsibility'
Defensive Driving Guide for Commercial Drivers

12. Drive Like You are Training a Rookie

New drivers look up to experienced ones. Set a good example by driving safely.

Goodo Organisation - 'Share the Road, Share the Responsibility'